

CURRICULUM VITAE

Jesse P. Higgins, MS, LMFT, CFLE

CONTACT INFORMATION

Higgins Family Center
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 Vernal, UT 84078
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EDUCATION

PhD	Family & Human Development	Utah State University	2018 (exp)
MS	Marriage & Family Therapy	University of Nebraska-Lincoln	2010
BA	Family Studies	Weber State University	2008

LICENSES & CERTIFICATES

Licensed Marriage & Family Therapist # 7770153-3902	State of Utah	2010
Medical Family Therapist Certificate	University of Nebraska-Lincoln	2010
Certified Family Life Educator	NCFR	2008
Approved Supervisor	AAMFT	2017

PROFESSIONAL EMPLOYMENT HISTORY

Couple & Family Therapist / Owner	Jesse P. Higgins, LMFT, LLC Vernal, UT	2013 – present
Graduate Researcher / Instructor	Utah State University Logan, UT	2014 – 2017
Licensed Therapist	Northeastern Counseling Center Vernal, UT	2010 – 2014
Medical Family Therapist	Mountainlands Family Health Center Vernal, UT	2013 – 2014
Drug Court Treatment Provider	Uintah County Drug Court	2010 – 2014

Vernal, UT

Bilingual Medical Family Therapy Intern	OneWorld Community Health Center Omaha, NE	2009 – 2010
Graduate Assistant	University of Nebraska-Lincoln Lincoln, NE	2008 – 2009
Family Literacy Project Facilitator	Ogden-Weber Community Action Partnership; Ogden, UT	2007 – 2008

RESEARCH PUBLICATIONS

Evans, C., Higgins, J. P., Aller, T., Chavez, J., & Piercy, K. (in press). Newlywed couple leisure: Couple identity formation through leisure time. *Marriage & Family Review*. Manuscript under revision for resubmission.

CONFERENCE PRESENTATIONS

Higgins, J. P., Beckert, T., & Lee, C. T. (2017, April) The Transmission of Morals and Values Scale: Measuring how families transmit morals and values to their adolescent children. Society for Research on Child Development. Austin, Texas.

Higgins, C. & Higgins, J. P. (2016, March). Emotion coaching in the classroom. Utah Association for the Education of Young Children. Ogden, Utah

Higgins, J. P. (2016, December). Improving Parent-Adolescent Transmission of Morals and Values: A Parenting Intervention. Association for Moral Education. Cambridge Massachusetts.

Higgins, J. P., Beckert, T., Fischback, L., Maxey, M., & Harris, A. (2016, April). Measuring Families Approach of Transmission of Morals and Values to Their Adolescents. Society for Research in Adolescence. Baltimore Maryland.

Beckert, T., Albiero, P., Facchini, C., Maxey, M., & Higgins, J. P. (2016, April). Relationship of Texting to Psychosocial Development in Adolescents from Northern Italy. Society for Research in Adolescence. Baltimore Maryland.

Harris, A., Beckert, T., Maxey, M., Fischback, L., & Higgins, J. P. (2016, April). Effect of High School Leadership Training on Adolescent Self-Reported Moral Ideal, Cognitive Autonomy, and Social Responsibility. Society for Research in Adolescence. Baltimore Maryland.

Maxey, M., Beckert, T., Higgins, J. P., Harris, A., & Fischback, L. (2016, April). Relationship of Texting to Psychosocial Development in Adolescents. Society for Research in Adolescence. Baltimore Maryland.

Higgins, J. P., Chavez, J., Evans, C., Aller, T. B., & Piercy, K. (2015, November). Newlywed couple leisure: Couple identity formation through leisure time. National Council on Family Relations, Vancouver, British Columbia, Canada.

GRANTS AND AWARDS

Co-PI: Jesse P. Higgins & T. Beckert, 08/17/2015 My role: 50% effort
Balancing work and Family: Generational Perceptions and Dyadic Conversations is a longitudinal study that examines how generational perceptions of life balance and moral transmissions relate to individual psychosocial wellbeing and whether targeted dyadic conversations enhance these over time. Funded by the Richard and Linda Eyre's Foundation. Funded total \$12,000.00

Awardee: Jesse P. Higgins, 04/13/2015
Don Carter Scholarship. Funded total \$2,000.00

TEACHING EXPERIENCE

Graduate Instructor, Utah State University

FCHD 3560 Sec. 1: Middle Childhood Lab [1 credit], Lab, Spring 2017
FCHD 3560 Sec. 2: Middle Childhood Lab [1 credit], Lab, Spring 2017
FCHD 1500: Human Development [3 credit], Traditional, Spring 2016
FCHD 1500: Human Development [3 credit], Traditional, Fall 2015
FCHD 1500: Human Development [3 credit], Traditional, Summer 2015

Guest Lecturer, Utah State University

Dialectical Behavior Therapy, in Marriage and Family Therapy Practicum, Traditional, May 17, 2016
Family Life Education Methods, in Family Life Education Methodology, Traditional, February 2, 2016
Relationships, in Human Development, Traditional, November 16, 2015
Marriage and Family Therapy Theories, in Marriage and Family Therapy Practicum, Traditional, May 12, 2015
Conflict, in Marriage and Family Relationships, Distance, September 30, 2014
Discipline, in Marriage and Family Relationships, Traditional, October 7, 2014
Gender, in Marriage and Family Relationships, Traditional, October 21, 2014

Teaching Assistant, Utah State University

Family Finance [3 credit], Online, Fall 2016
Family Finance [3 credit], Online, Spring 2016
Marriage and Family Relationships [3 credit], Online, Fall 2014
Marriage and Family Relationships [3 credit], Distance Education, Fall 2014
Marriage and Family Relationships [3 credit], Traditional, Fall 2014

Teaching Assistant, University of Nebraska-Lincoln
Addiction and Violence in the Family [3 credit], Spring 2009

COURSE DEVELOPMENT

Utah State University
Design and implement online curriculum for working with students of concern, Online,
Fall 2015
Aid in restructuring of Marriage and Family Relationships, Online, Fall 2014

COMMUNITY SERVICE

Higgins, J. P. (2017). Marital mindsets. Workshop given at Utah State University Kane County Extension, September, 22, Kanab, UT.

Higgins, J. P. & Higgins, C. (2016). Communicating about difficult issues. Workshop given at Utah State University Kane County Extension, July, 29, Kanab, UT.

Higgins, J. P. (2015). Working with personality differences. Workshop given at Uintah County Library Retreat, October, 9, Vernal, UT.

Higgins, J. P. (Guest). (2014, June, 4). *Life in oil and gas boom towns* [Radio program]. Retrieved from <http://upr.org/programs/access-utah>

Higgins, J. P. (2013). Working with personality differences. Workshop given at Uintah County Library Retreat, April, 23, Vernal, UT.

Higgins, J. P. (2013). Adolescent substance abuse. Presentation given at the At-Risk Youth Conference, March, 8, Vernal, UT.

Higgins, J. P., Hall, R., Harris, C. (Guests). (2012). *Marriage and the family: Empowering basin families* [Radio program], 920AM KVEL, May 3, Vernal, UT.

Higgins, J. P. (2012). Adolescent suicide and self-harm. Presentation given at the At-Risk Youth Conference, March 9, Vernal, UT.

COMMITTEE MEMBERSHIP

Utah State University
President Search Student Review Committee member, 2016
Student Health Services Student Review Board Member, 2015

University of Nebraska-Lincoln
Family Financial Search Committee member, 2008-2009

PROFESSIONAL MEMBERSHIP

Clinical Fellow, American Association of Marriage and Family Therapy (AAMFT)
Professional Member, National Council on Family Relations (NCFR)
Student Member, Association for Moral Education (AME)
Student Member, Society for Research in Adolescence (SRA)
Student Member, Society for Research Child Development (SRCD)

LANGUAGES

English (native proficiency)
Spanish (professional working proficiency, ILR level 3)